

# Saints of the Americas



ISBN: 0-8198-7086-2

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Published by Pauline Books & Media, 50 Saint Pauls Avenue, Boston, MA 02130-3491.

Printed in U.S.A.

[www.pauline.org](http://www.pauline.org)

Pauline Books & Media is the publishing house of the Daughters of St. Paul, an international congregation of women religious serving the Church with the communications media.

# **Saints of the Americas**

## **Coloring and Activity Book**

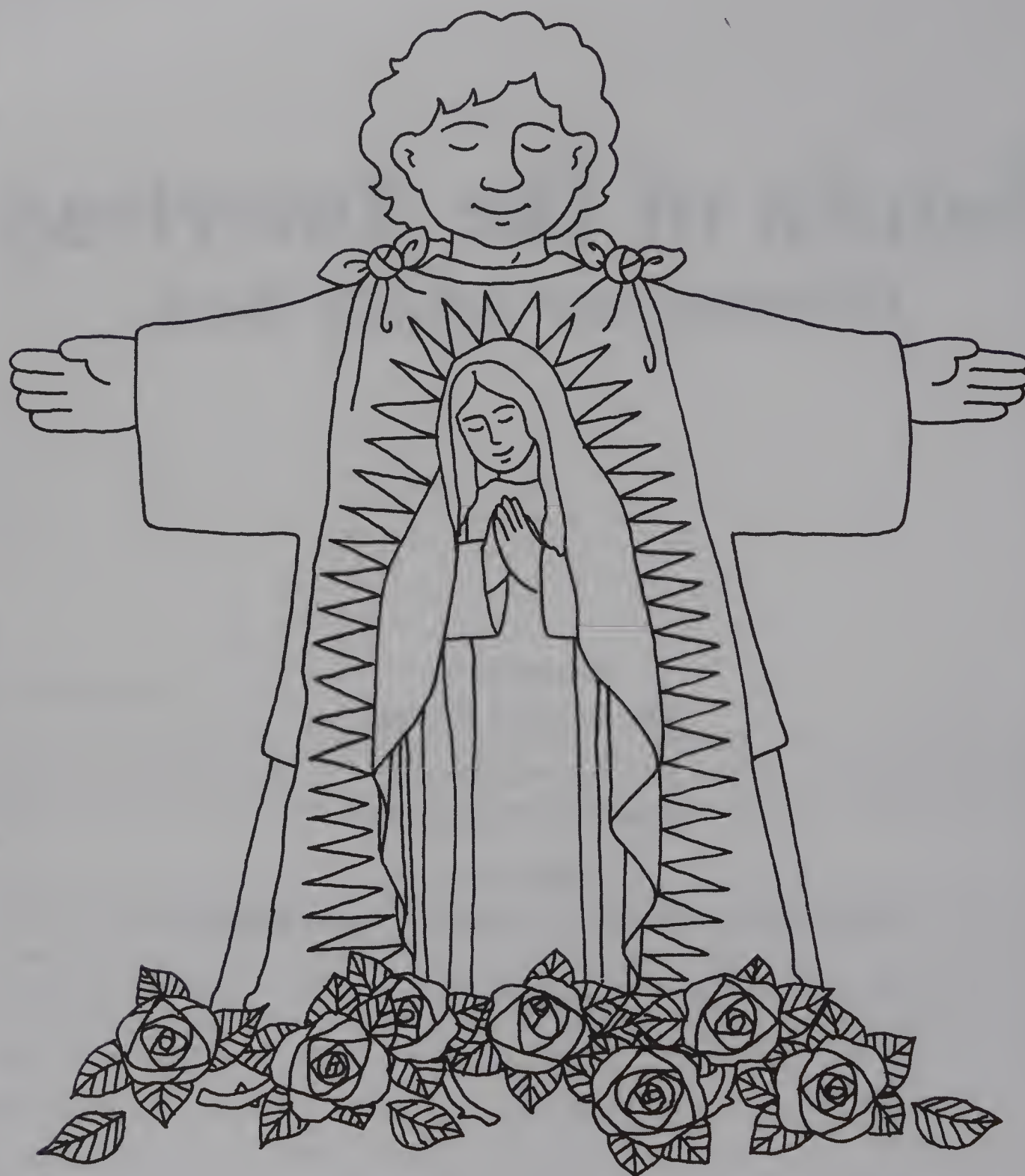
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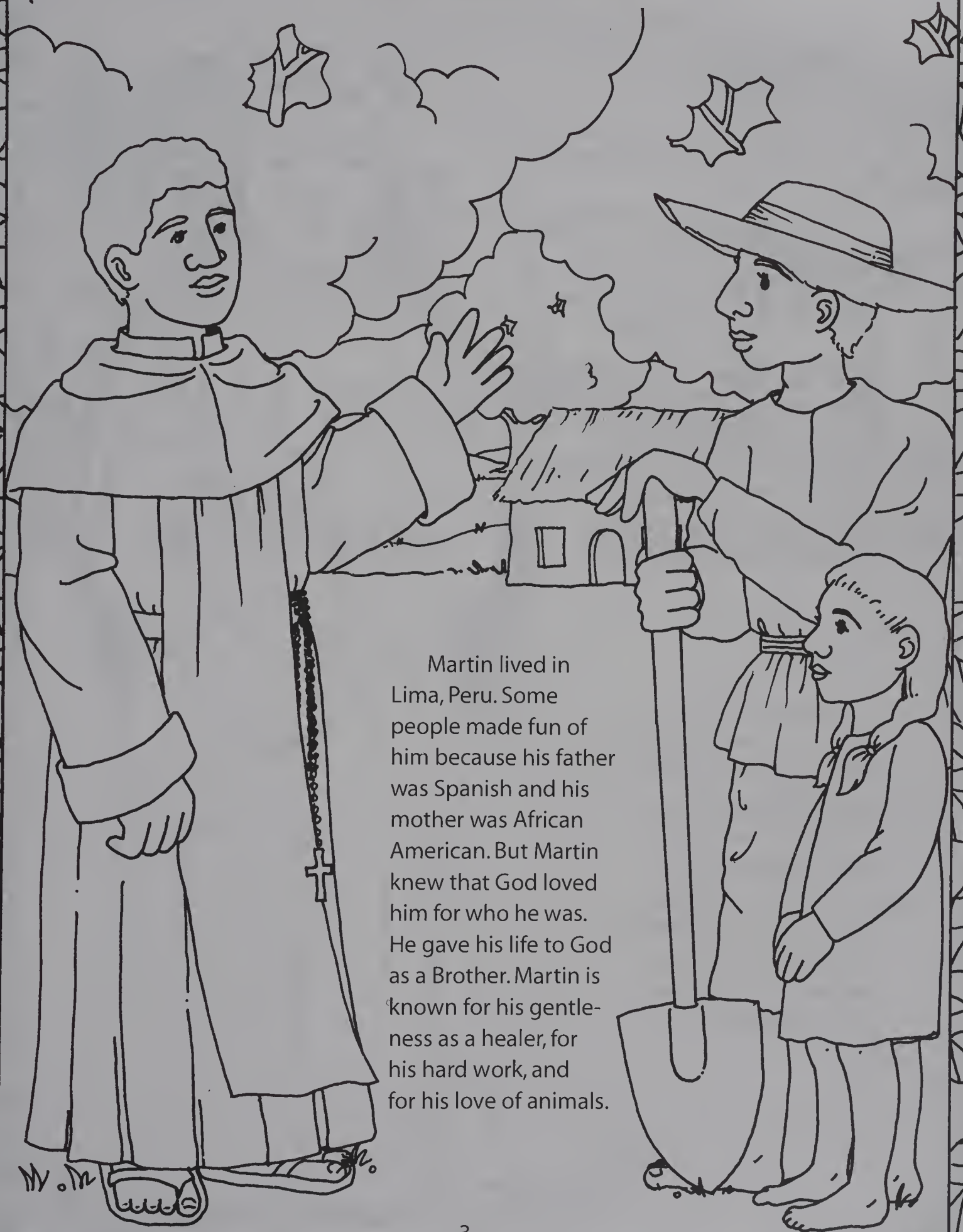


# Our Lady of Guadalupe and St. Juan Diego



Juan Diego was a Christian Indian in Mexico. Mary came to him with a message of comfort for the poor. As a sign that it was really her message, Mary told Juan Diego to gather some roses into his tunic and bring them to the Bishop. When Juan Diego unfolded the tunic, Mary's picture was on it! Juan Diego's tunic still bears the beautiful image of Mary, Our Lady of Guadalupe.

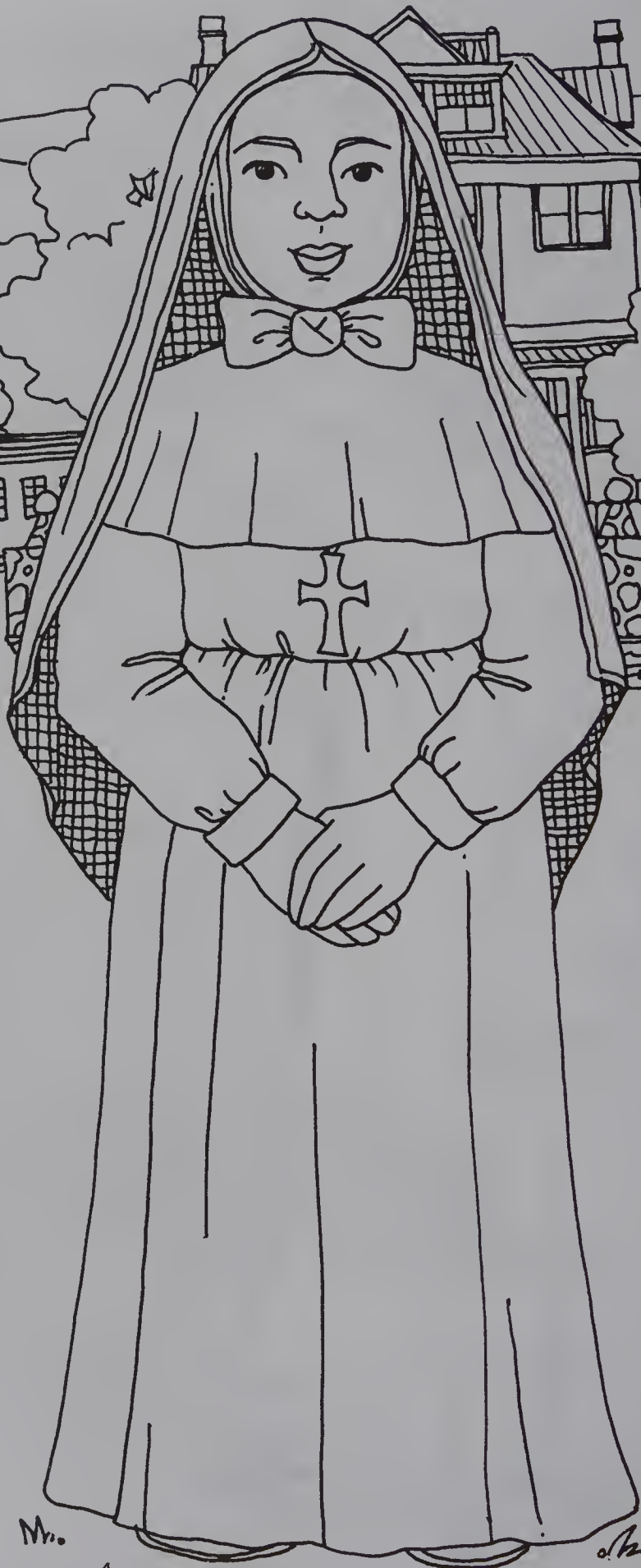
# St. Martin de Porres



Martin lived in Lima, Peru. Some people made fun of him because his father was Spanish and his mother was African American. But Martin knew that God loved him for who he was. He gave his life to God as a Brother. Martin is known for his gentleness as a healer, for his hard work, and for his love of animals.



# St. Frances Cabrini

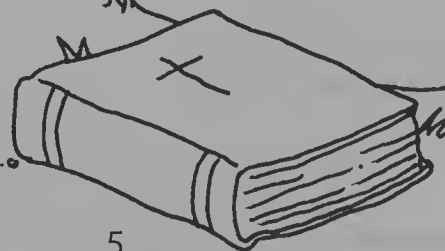


Mother Cabrini grew up in Italy. She wanted to be a missionary to China, but the Pope asked her to go to America instead. Mother Cabrini opened hospitals, schools, and orphanages for the poor. She became a U.S. citizen, and was the very first U.S. citizen to be declared a saint.

Mr.

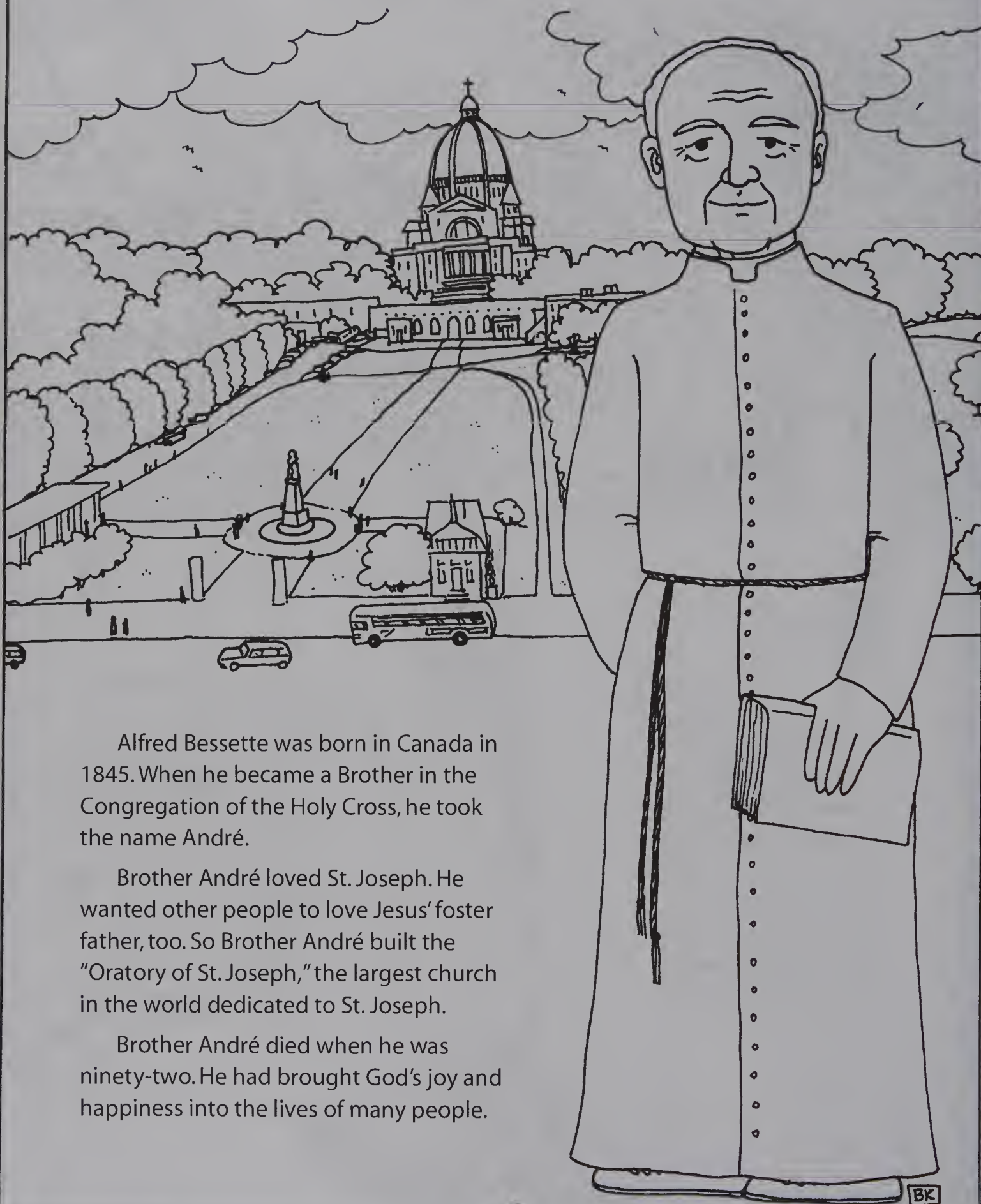
## Bl. Narcisa Moran

Narcisa lived in Ecuador. When her parents died, Narcisa took care of her brothers and sisters. She did not marry, but gave her life to Jesus in a gentle, quiet life of prayer and work.





# Bl. André Bessette



Alfred Bessette was born in Canada in 1845. When he became a Brother in the Congregation of the Holy Cross, he took the name André.

Brother André loved St. Joseph. He wanted other people to love Jesus' foster father, too. So Brother André built the "Oratory of St. Joseph," the largest church in the world dedicated to St. Joseph.

Brother André died when he was ninety-two. He had brought God's joy and happiness into the lives of many people.



# St. Marguerite d'Youville



Marguerite lived in Montreal, Canada. She had a special love for the poor and the sick. After her husband died, Marguerite opened her own house to the homeless. She cared for anyone who needed help.

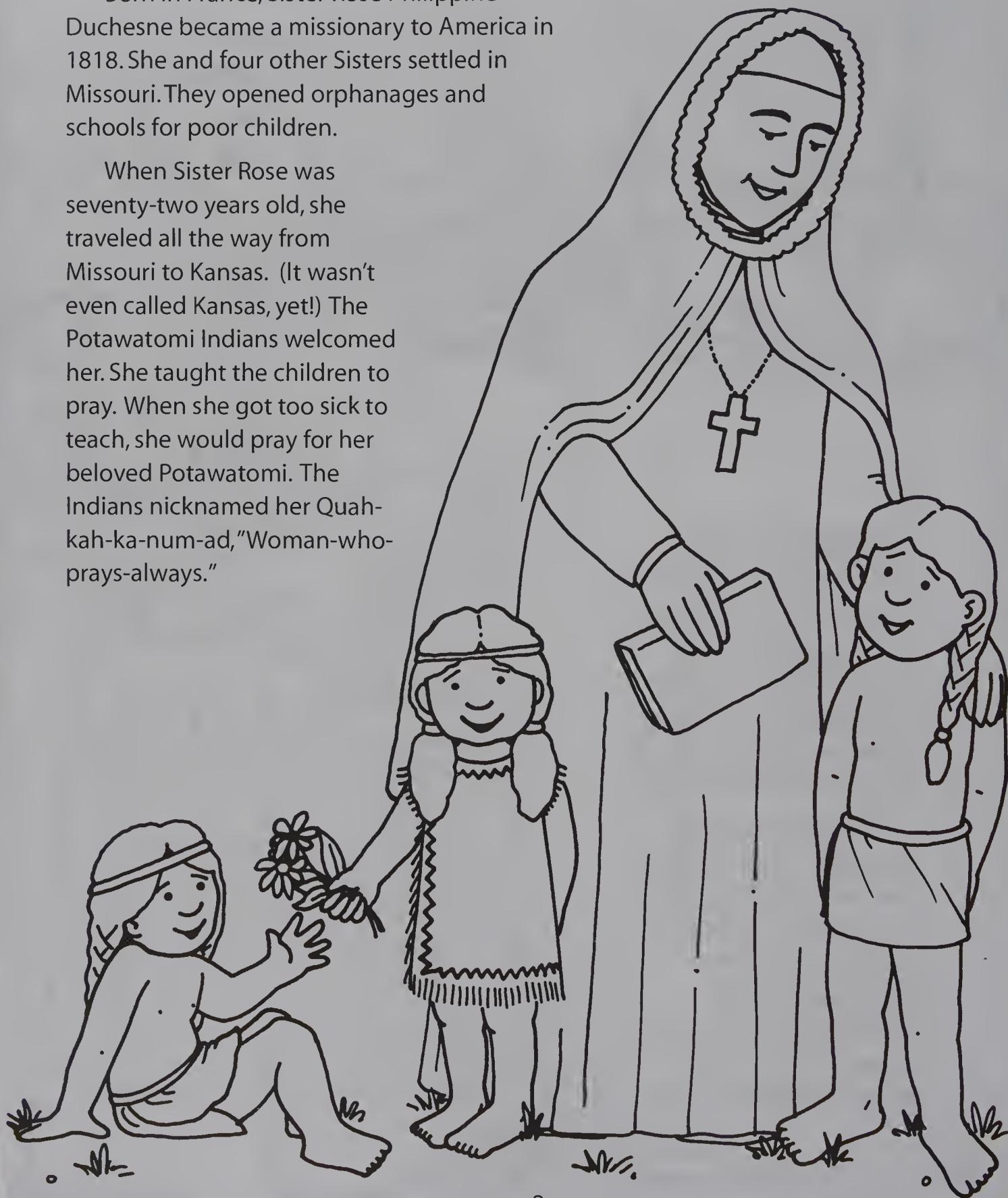
Soon other women joined her. Together, they opened North America's first home for abandoned children. It was the beginning of a new community of Sisters, the Sisters of Charity, also known as the "Grey Nuns."



# St. Rose Philippine Duchesne

Born in France, Sister Rose Philippine Duchesne became a missionary to America in 1818. She and four other Sisters settled in Missouri. They opened orphanages and schools for poor children.

When Sister Rose was seventy-two years old, she traveled all the way from Missouri to Kansas. (It wasn't even called Kansas, yet!) The Potawatomi Indians welcomed her. She taught the children to pray. When she got too sick to teach, she would pray for her beloved Potawatomi. The Indians nicknamed her Quah-kah-ka-num-ad, "Woman-who-prays-always."





# St. René Goupil



As a young man in France, René entered the Jesuits. He loved the priests and brothers, but René was sick all the time. He had to go home. He could not become a Jesuit priest.

René became a doctor. When he heard about the missionaries in North America, he went to help them.

After two years in Canada, René traveled with Isaac Jogues to the land of the Huron Indians. (Today that area is upstate New York.) They were captured by Iroquois. This tribe was not ready to hear the Gospel. Some of the braves tortured and killed Doctor Goupil. Later they killed Isaac Jogues also.



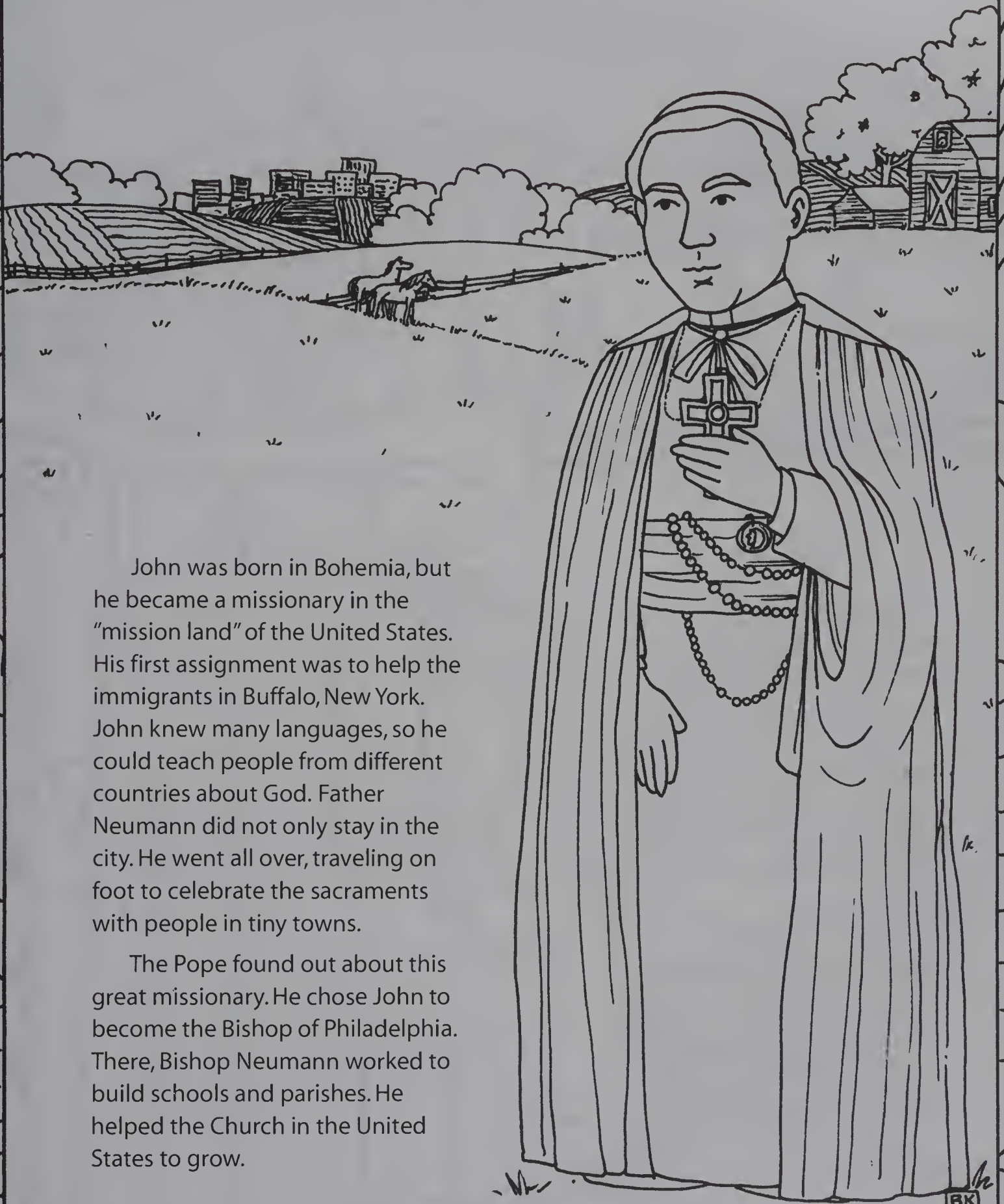
# St. Elizabeth Ann Seton



Elizabeth Seton was a widow with five children when she became a Catholic. People gave her a hard time, but she did not give up her faith. Instead, she taught it to others by starting Catholic schools! Some women joined her in a life of dedication to Jesus. They became the American Sisters of Charity.



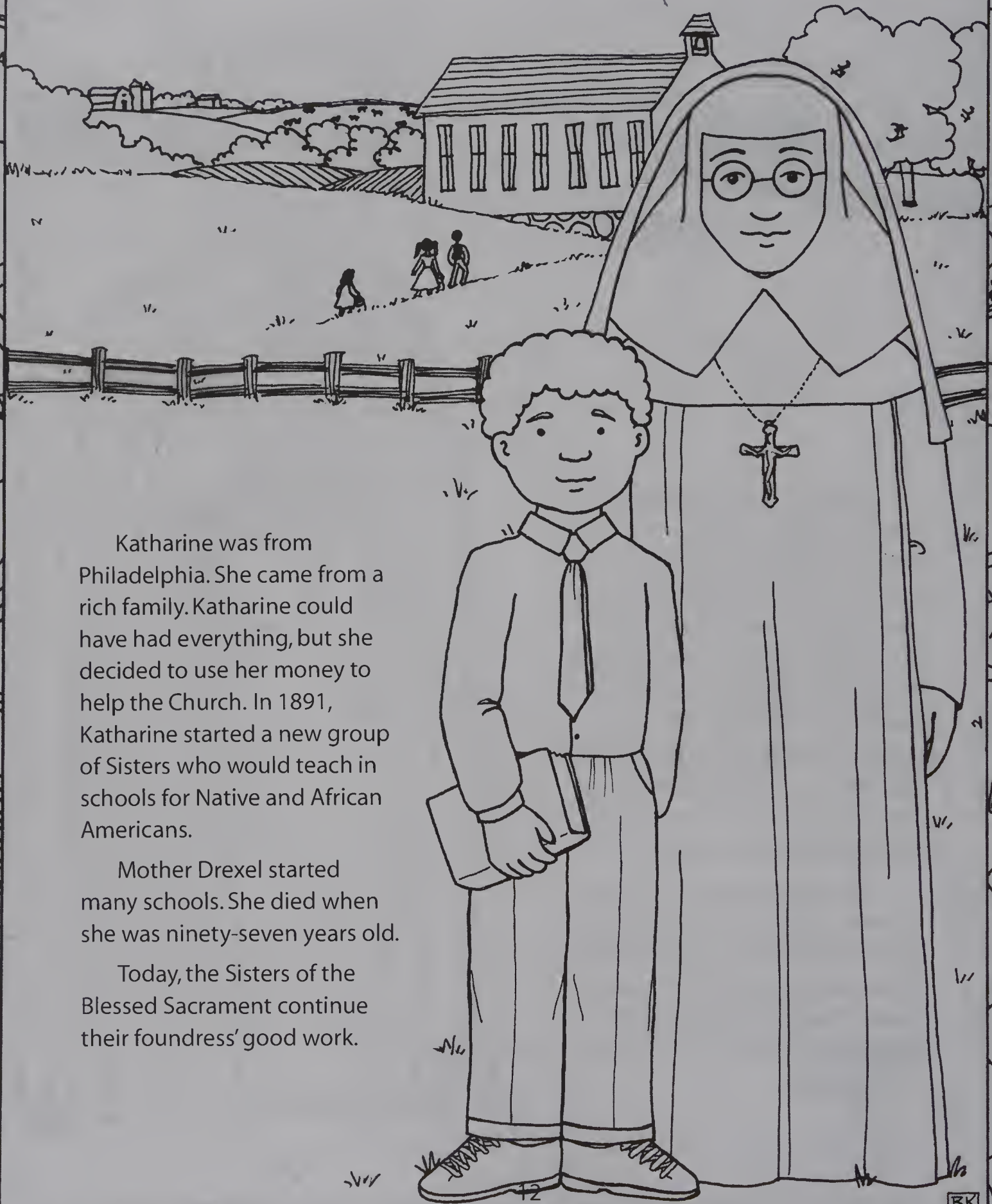
# St. John Neumann



John was born in Bohemia, but he became a missionary in the "mission land" of the United States. His first assignment was to help the immigrants in Buffalo, New York. John knew many languages, so he could teach people from different countries about God. Father Neumann did not only stay in the city. He went all over, traveling on foot to celebrate the sacraments with people in tiny towns.

The Pope found out about this great missionary. He chose John to become the Bishop of Philadelphia. There, Bishop Neumann worked to build schools and parishes. He helped the Church in the United States to grow.

# St. Katharine Drexel



Katharine was from Philadelphia. She came from a rich family. Katharine could have had everything, but she decided to use her money to help the Church. In 1891, Katharine started a new group of Sisters who would teach in schools for Native and African Americans.

Mother Drexel started many schools. She died when she was ninety-seven years old.

Today, the Sisters of the Blessed Sacrament continue their foundress' good work.



# Bl. Kateri Tekakwitha



Tekakwitha was born in 1656 in what is now New York State. Her father was a Mohawk chief and her mother, a Christian, was Algonquin. Both parents died when Tekakwitha was still young, so her uncle adopted her.

Tekakwitha had learned about Jesus from her mother, so when Jesuit missionaries came to her village, she asked for Baptism. To show her "new life" in Jesus, she took a new name: Kateri (Catherine).

Kateri decided not to marry. She chose to dedicate her life to God's family through prayer, sacrifice, and acts of kindness. When Kateri died in 1680, her last words were, "Jesus! Mary! I love you!"



# St. Rose of Lima



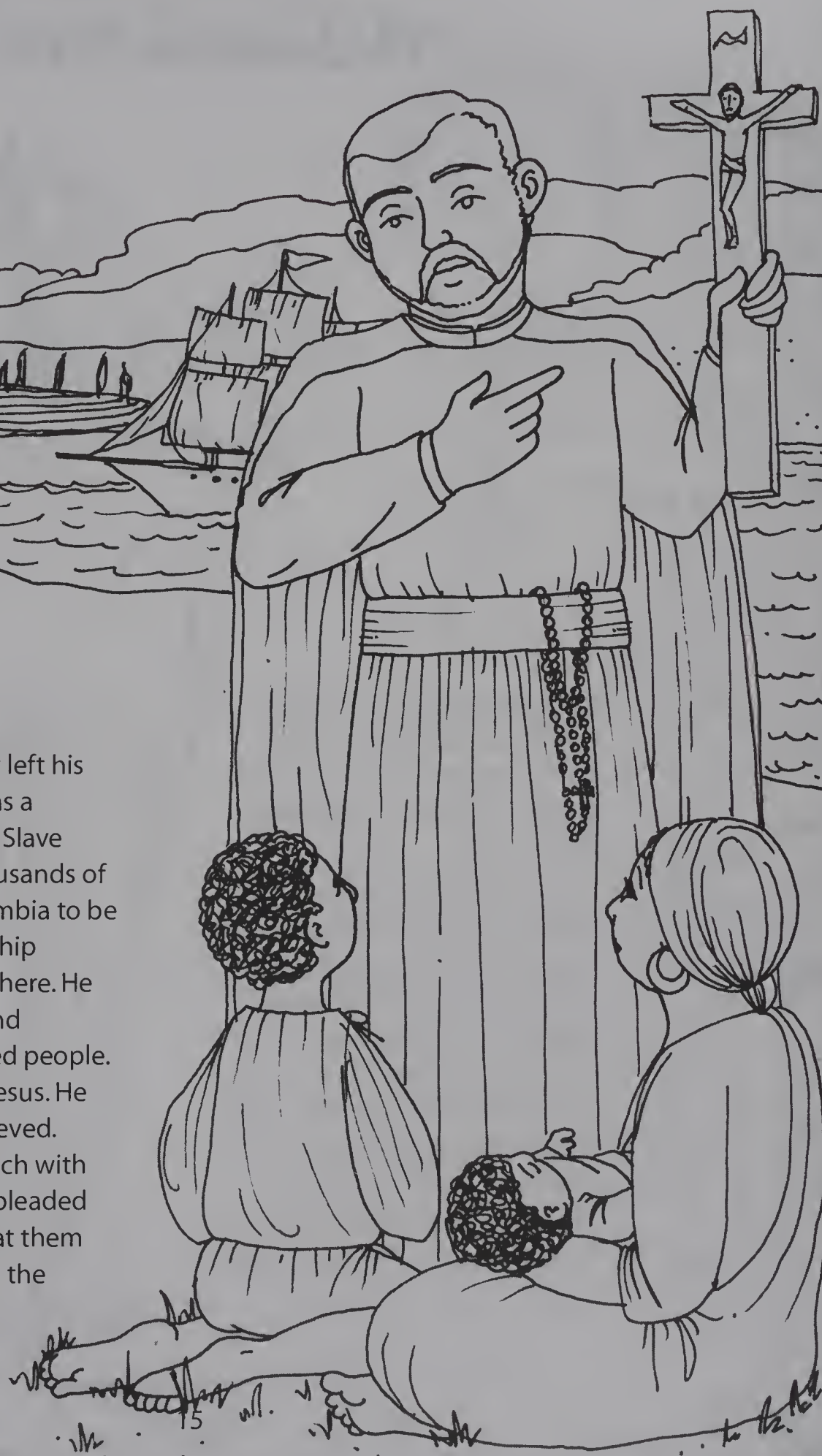
Rose was born in Lima, Peru. She was very beautiful and loved God and people. Rose loved Jesus. She made a vow to belong only to him. Later, she joined the Third Order of St. Dominic. She did not become a Sister, but stayed home to pray. She made many sacrifices to help the poor.

Rose died when she was thirty-one. She was the first saint of the Americas to be canonized.



# St. Peter Claver

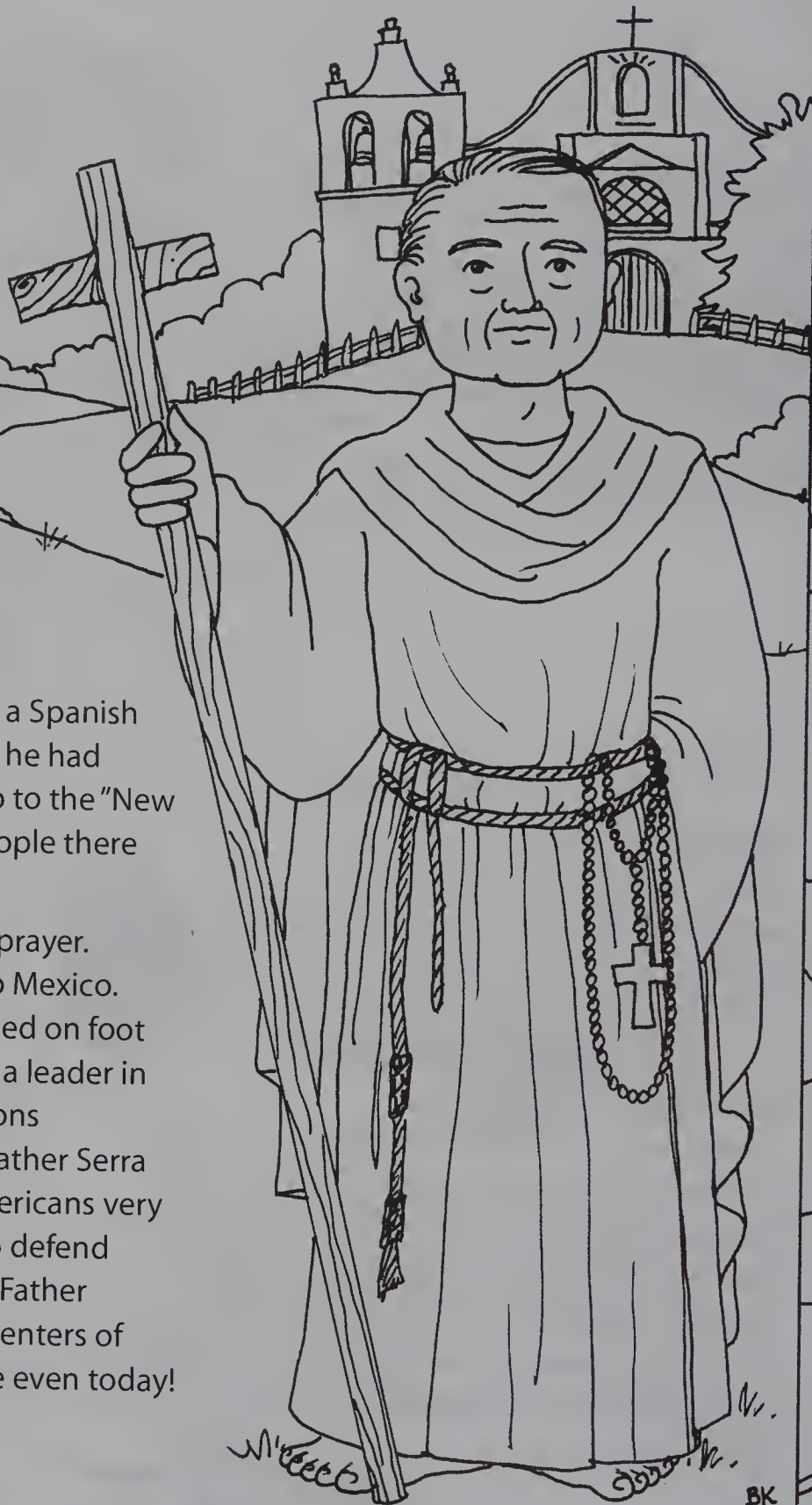
A young Jesuit, Peter left his home in Spain to serve as a missionary to Colombia. Slave ships were bringing thousands of African captives to Colombia to be sold. Every time a slave ship arrived, Peter would be there. He brought food, clothes, and medicine for the captured people. He taught them about Jesus. He baptized those who believed. Father Claver kept in touch with the new Christians, and pleaded with the "masters" to treat them with respect. He became the apostle of the slaves.



## Bl. Junipero Serra

Father Serra was a Spanish Franciscan. As a boy, he had always wanted to go to the "New World" to tell the people there about Jesus.

God granted his prayer. Father Serra sailed to Mexico. From there, he traveled on foot to California. He was a leader in founding nine missions (Christian villages). Father Serra loved the Native Americans very much and worked to defend their rights. Some of Father Serra's missions are centers of Catholic faith and life even today!

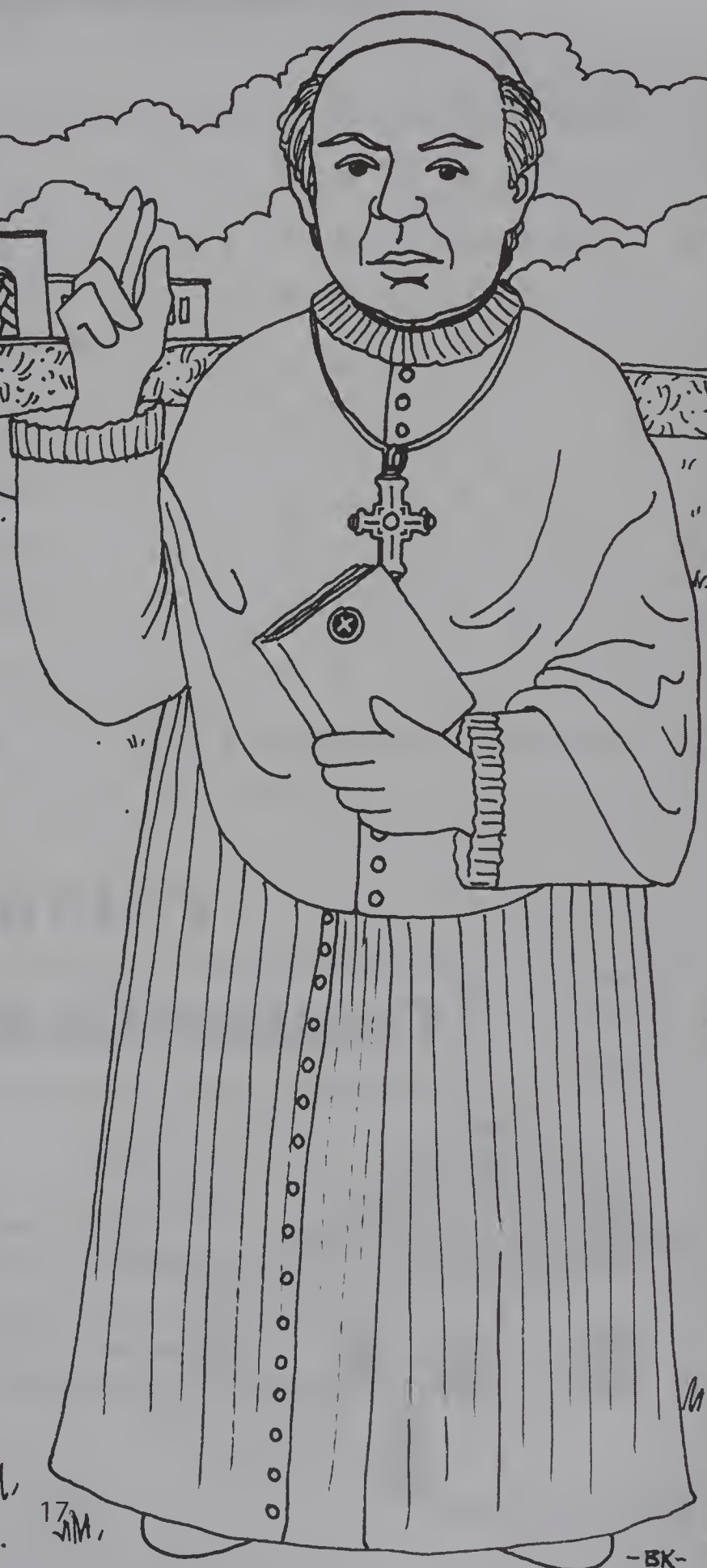




# St. Anthony Claret

Born in Spain, Anthony Claret was a famous preacher. He loved to talk about the Eucharist and the Blessed Mother. He founded a missionary order of priests. When he became Bishop of Santiago, Cuba, he did much good for the Church and for family life.

Back home in Spain, Bishop Claret was in danger from enemies. But he did not give up! He helped the Catholic press. He wrote, printed, and gave away Catholic books. He remained a strong supporter of the Pope.





## Lost in Spaces\*

J U A N D I E G O T R N K J  
 A N D R E S E R R A W A R U  
 N S M B E S S E T T E R B N  
 D N E U M A N N N T H C R I  
 A I F J O H N E E P N I Q P  
 M A R T I N P O R R E S T E  
 Y Z A R B F G M L N R A F R  
 H O N C G O U P I L U M J O  
 E Q C A B R I N I R Z O F K  
 L M E L I Z A B E T H R T H  
 H E S E T O N W Y X L A B T  
 M V U S L M N H P B R N V H



This puzzle has the *first* and *last* names of some of the saints in this book, though both may be separated.

There are no diagonals and no backward answers.

**Good luck!**

## CAUTION:

For any  
scissors use:  
check with  
an adult!

**Construction-in-progress!**



Most of the saints in this book have some type of church or building in the background of their pictures. Using milk cartons, cream cartons, or small cardboard boxes, re-create your favorite building or church. You may want to cover it with construction paper, or paint it with poster paints/glitter glue.



# This Secret Makes Sense!\*

**A**

Every saint tries to live like Jesus did. They all share one special quality. Find it by working out these *opposites*:



- |            |   |   |   |   |   |   |
|------------|---|---|---|---|---|---|
| 1. over    | → | — | — | — | — | — |
| 2. fast    | → | — | — | — | — | — |
| 3. healthy | → | — | — | — | — | — |
| 4. light   | → | — | — | — | — | — |
| 5. hard    | → | — | — | — | — | — |
| 6. out     | → | — | — | — | — | — |
| 7. exit    | → | — | — | — | — | — |
| 8. yes     | → | — | — | — | — | — |

**B**

Write the underlined letters here:

— — — — —

**C**

Unscramble to find the secret answer!

## Saint Stones

Saint stones are good gifts for family members or friends. Pick your favorite saint from this book and make a saint stone. Use smooth, flat stones (dry) and poster paints. Glitter glue or fabric paint can provide details.

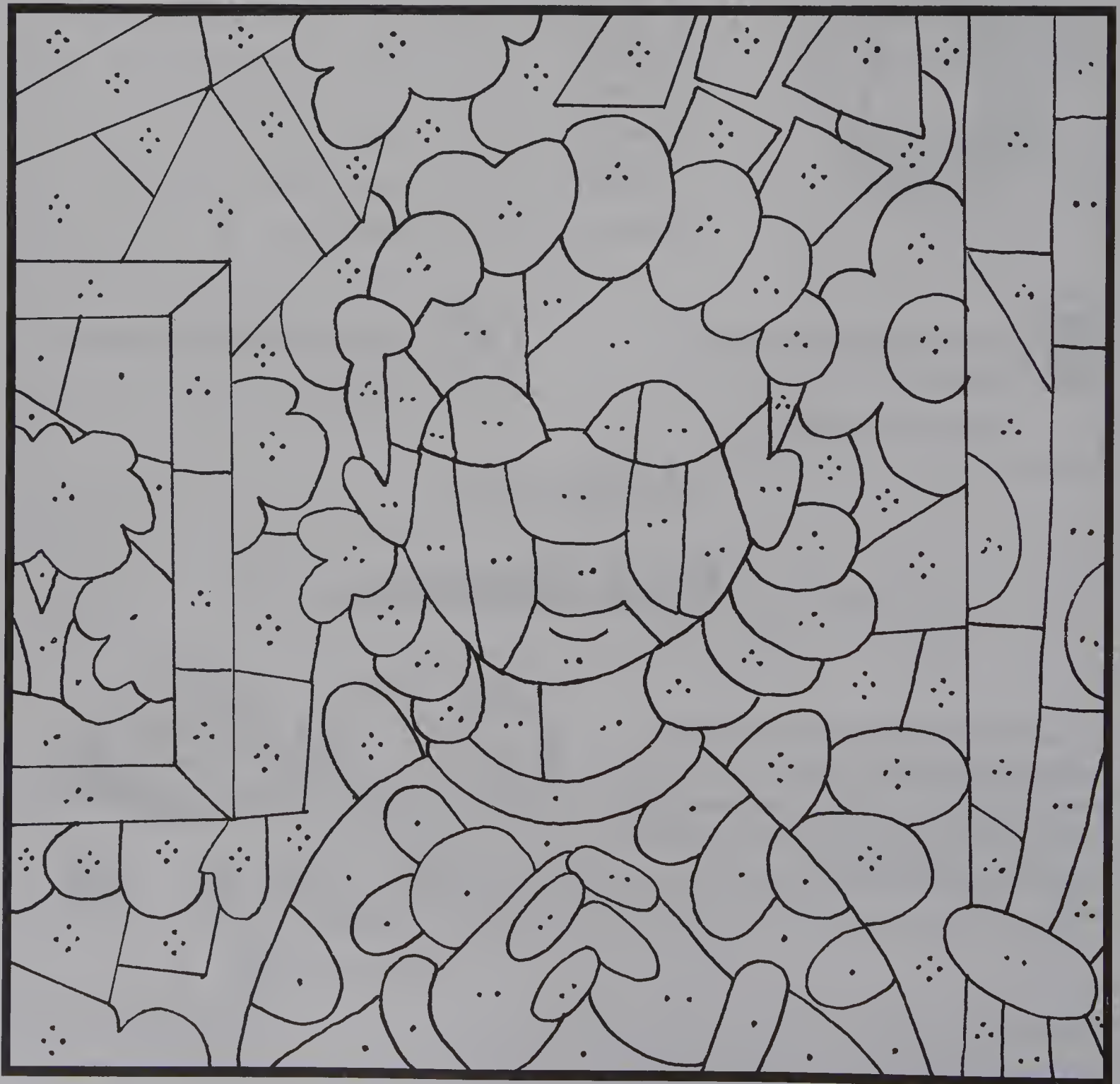




# Stained Glass Art

*Follow  
this  
color  
key:*

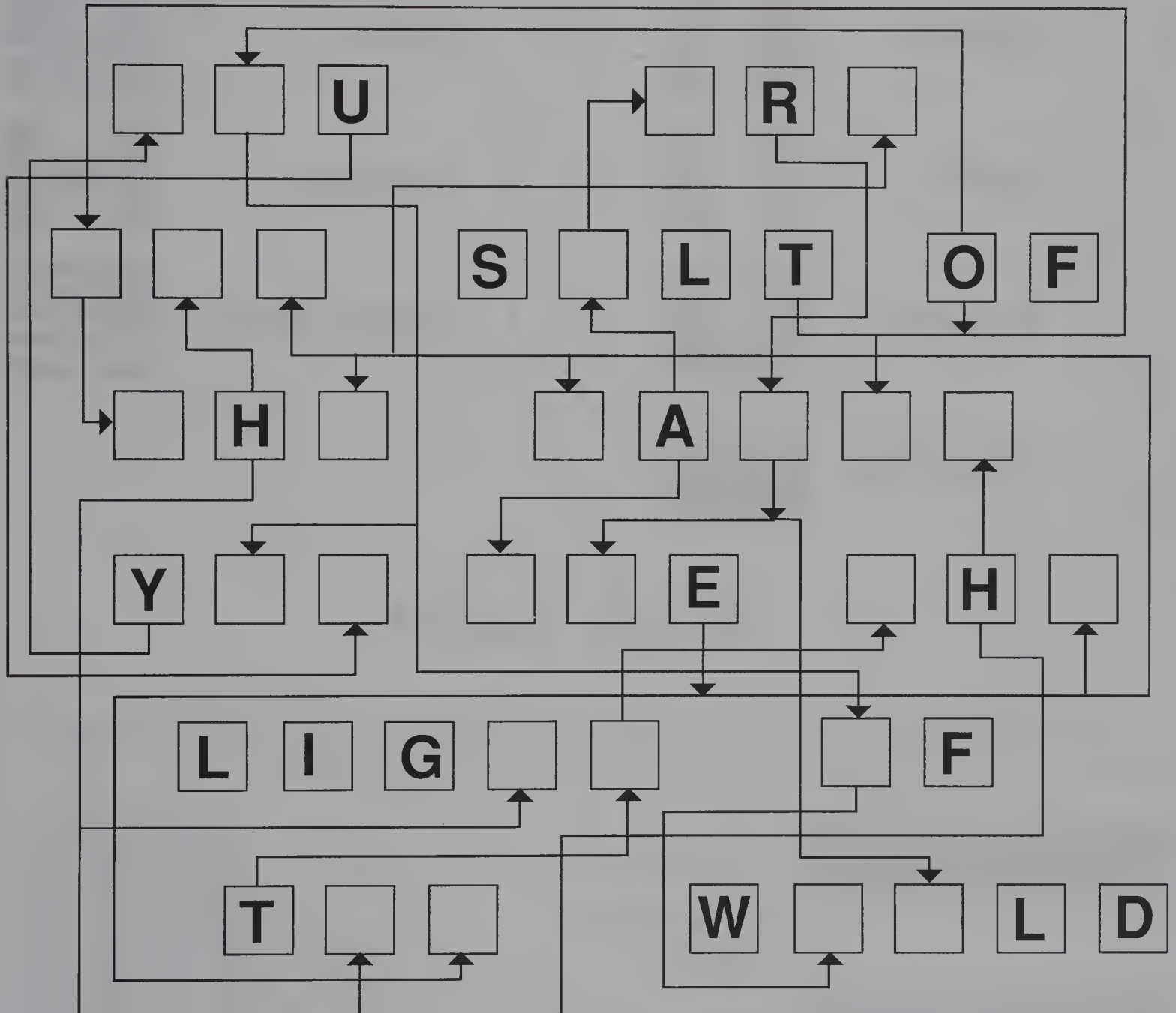
| Pencil: |            | Crayon:      |
|---------|------------|--------------|
| •       | very light | sky blue     |
| ••      | light      | burnt orange |
| •••     | dark       | brown        |
| ••••    | blank      | blank        |

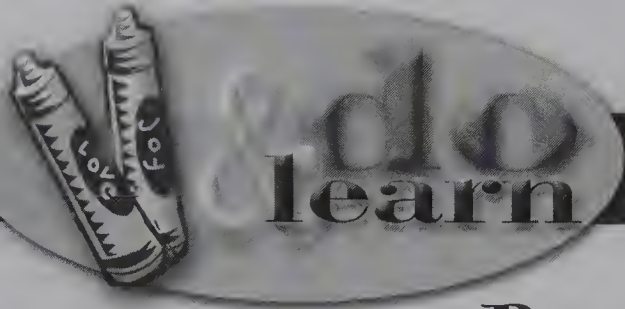




# Crack the Code!\*

De-code Jesus' message to you. Jesus' followers have special work to do! You can start to be a saint *today!*





## Beyond Boundaries

Do a survey of the saints in this coloring book. Next to each flag put the number of saints who lived or worked in each country:

**Mexico**



**Cuba**



**Peru**



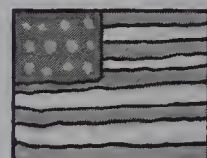
**Canada**



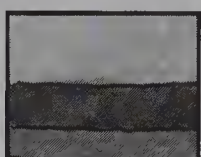
**Ecuador**



**United States**



**Colombia**



## Dough-Nutter

(This is one time when you can play with your food!) Make a sculpture of your favorite saint in this book. You can use peanut butter dough and eat it when you're finished!

### What you need:

1/2 cup peanut butter

1/2 cup cornstarch

1 Tbl honey

### What you do:

Hand mix and shape.

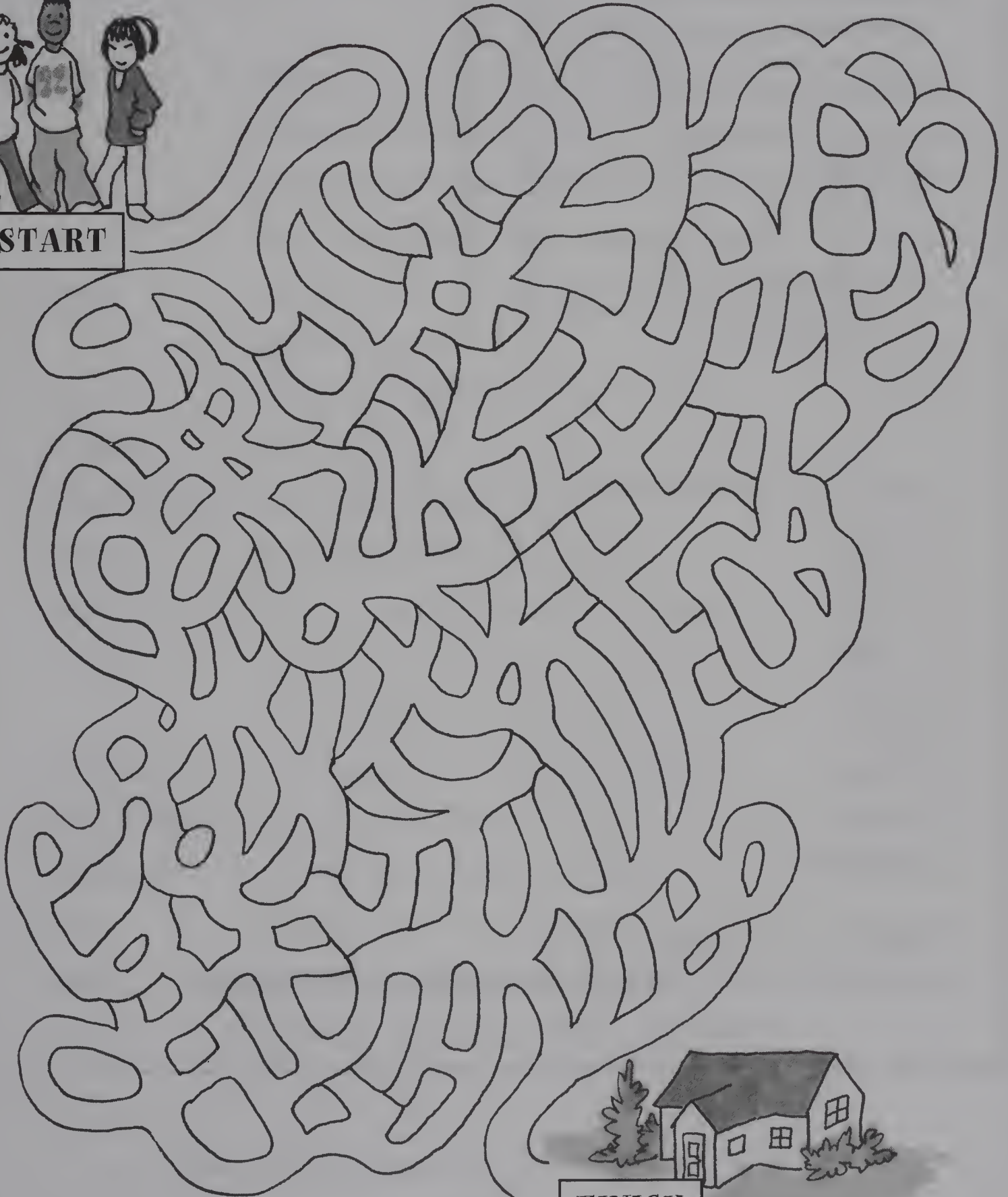


**Easy clean up!**



# Go the Distance!

Saints are people who think of others and want to help where they are needed. Show these friends how to get to the house of a sick classmate.



**FINISH**

# Answers

Page 18, *Lost in Spaces*:

J U A N D I E G O T R N K J  
A N D R E S E R R A W A R U  
N S M B E S S E T T E R B N  
D N E U M A N N N T H C R I  
A I F J O H N E E P N I Q P  
M A R T I N P O R R E S T E  
Y Z A R B F G M L N R A F R  
H O N C G O U P I L U M J O  
E Q C A B R I N I R Z O F K  
L M E L I Z A B E T H R T H  
H E S E T O N W Y X L A B T  
M V U S L M N H P B R N V H

Page 19, *This Secret Makes Sense!*:

1. under
2. slow
3. sick
4. dark
5. easy
6. in
7. enter
8. no

(KINDNESS)

Page 21, *Crack the Code!*:

YOU ARE THE SALT OF THE EARTH. YOU ARE THE LIGHT OF THE WORLD.





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